

Scratch Cooking Spotlight

Somers Lakeside School District

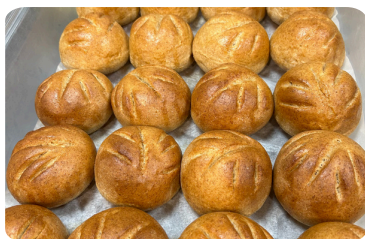


The School Food Service Staff at Somers School has completed the Montana School Meals Certificate Training, a professional development program which provided a \$7,500 grant to support the school's nutrition program. Funding was provided by a USDA Team Nutrition grant.

Highlights of Somers' stellar school meals program:

- Somers School meals program is a state-wide leader in purchasing and serving local foods.
- Somers School has prioritized cooking from scratch for many years; setting a great example that scratch cooking can be done successfully in a larger school district.
- Somers school participates in the Montana Harvest of the Month program - showcasing a MT grown food monthly through recipes, taste testing and hands on nutrition education.
- Students appreciate the many choices including hot entrees, grab and go salads and sandwiches, daily soup and salad bar with freshly baked rolls, buns, and desserts. Offering choices empowers all students, even the most cautious of eaters, to feel good about and eat more of what is on their tray.
- All staff treat students with respect and kindness which creates relaxed and pleasant mealtimes.
- Somers School makes school meals tasty and fun with special local meal days such as MT Indigenous Lunch Day, Dip It Lunch Day and MT Local Meal Day. The School Food Service team is always willing to try new recipes, new flavor profiles and new, cutting-edge culinary techniques!

Way to go, Somers School Nutrition Team!



Whole grain rolls baked from scratch as part of MT Indigenous Lunch Day



Sweet and sour rice bowl with an Asian inspired slaw.



From left: Lacy Beard (Head Cook), Jessica DuLac (Assistant Cook), and Robin Crosby (Food Service Director).



5th grader, Zoey, enjoys three sisters soup in a bread bowl as part of the Indigenous Lunch Day!

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