

Common Reactions

- **Confused:** Children may feel confused when they see someone with Alzheimer's act in strange ways.
- **Angry:** Children may get angry when the person with Alzheimer's yells at them because they do not understand what they did wrong. Children may get angry with a parent who doesn't support them when the person with Alzheimer's yells at them.
- **Helpful:** Children may want to help take care of someone they love who was diagnosed with Alzheimer's.

Other Storybooks and Reading Guides

Other Storybooks and Reading Guides can be found at:

<https://www.montana.edu/extension/alzheimers/booksandreadingguides.html>



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Reading Guide for My New Granny



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Alzheimer's Awareness for Children

Montana State University Extension is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.

About this Program

The MSU Extension ***Alzheimer's Awareness for Children Storybook*** program is designed to teach children about a form of dementia.

The goals of the program are 1) increase awareness and knowledge about Alzheimer's (a form of dementia) and 2) provide supportive resources to children and families when they know a person diagnosed with Alzheimer's.

The authors of the reading guides are:

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Brief Summary

Granny would comment on Fini's strange hairstyles and help her feed the ducks in the park. Granny used to travel all over the world and was an amazing cook. Now, Fini's Granny admires wacky hairdos, eats the bread crumbs meant for the ducks, and does not travel or cook anymore. Eventually, Granny comes to live with Fini and her family because she needs to be watched. She needs help dressing, washing, and sometimes falls asleep underneath the table. In the end, Fini realizes that she still can interact with her "New Granny" but in different ways.

Questions to Ask

- Fini explains all the activities her granny used to do. *What were those activities?*
- Granny begins to change and acts differently. *What was one strange thing Granny did?*
- Fini's Mother asked her to watch Granny. *What happens when her granny falls asleep?*
- Fini and her mom got angry with one other. Everyone needs extra help from time to time to avoid feeling overwhelmed. *Who is going to help Fini and her mom?*
- Fini realizes she can help her Granny with a lot of things. *What does Fini do to help her Granny?*

Activity Enrichment

Practice identifying emotions: Have your child draw 5 circles on a piece of paper. Tell the child each circle represents a face. You draw 5 circles also. After you and your child have created your faces 1) make one face that looks sad, 2) one face that looks happy, 3) another that expresses mad, 4) one that shows scared and 5) one that the face looks excited. Ask your child to point to the face that expresses how the child feels about the person in their life with Alzheimer's.